



Charity No 283931

Special rates for Phab members!

Click to enlarge.



Phab 60th Merchandise

To celebrate our 60th year we have a range of merchandise, please contact Jan at Summit House on 020 8667 9443 – you can download an order form by clicking on the image below.



Phab News

ISSUE 1

November 2016

Welcome!

This is our new look Phab Newsletter. Every few months we will keep you up to date with all the latest events, club news, courses, outings and information.

You can send us your stories and photos. This is **your** newsletter. We will still be producing the printed version of KIT which will be circulated in January



Phab Holiday Projects 2016

To read about the Holiday projects – please click here.

<http://phab.org.uk/wp-content/uploads/2016/11/Projects-2016-4web.pdf>

Phab Awards 2016

The Phab Awards took place at The House of Lords on Thursday 6th of October 2016 a full write up with all nominees will be in the January edition of KIT



Jack Edwards from Oldham Phab, winner of Paul Hope Award, with Baroness Campbell DBE and Phab Chairman John Corless OBE



Nick Feingold – Lord Morris Award Winner with Lady Morris



Sophie Golding from Epsom & Ewell Phab and Amy Parks from Uckfield Phab – Louis Goldberg Winners

Contact Janine Williams: Janine.williams@phab.org.uk 01825 769826 or 07910 556588

Lynda Hesketh – Chester Adult Phab Club Leader Awarded a BEM

Lynda had an amazing day on 15th of November 2016 at her Investiture of The Order of The British Empire Medal presented by Her Majesty's Lord-Lieutenant of Cheshire Mr David Briggs MBE at The Town Hall, Chester for her services to Chester Phab Club,

After the ceremony they enjoyed a cream tea. Lynda was so pleased her parents were in attendance to assist her to enjoy my memorable day plus also Kate and Mark two Chester Phab Club members.

Lynda is photographed with Her Majesty's Lord-Lieutenant of Cheshire Mr David Briggs MBE

Many congratulations Lynda



Midlands Fun weekend

This took place on at the Holiday Inn, Coventry.

21st - 23rd of October, 2016



A full write up will be included in the next edition of KIT.

Have you seen Phab Ted?

Follow his adventures on the Phab Facebook page, click the image to see more photos.



Save the Date!

Phab's annual Walk* at Wicksteed Park is Sunday the 4th June 2017 – more details to follow.

*Formerly Heartbeat Hike

Any Fund raising tips we can share with the other clubs – do get in touch.

New Phab Club Launches in Northwood

We are excited to announce that a new Club Called St Helen's and Merchant Taylors' Phab has opened.

The club will meet fortnightly on a Friday alternating between the two schools.



You are Invited!

North Fun Weekend – 20th to 22nd January 2017

This will take place at Mytton Fold Hotel, Langho, Lancs, - for more information please contact Rebecca.hargreaves@phab.org.uk

South East Fun Weekend – 17th to 19th November 2017

This will take place at the Chichester Park Hotel, for more information, please contact Janine.williams@phab.org.uk

South East Arts & Crafts Day – 4th February 2017

This will take place at Hounslow Phab – please contact Janine (as above) for more information.

How do you plan to celebrate 60 years of Phab? We would love to hear from you

Phab Affiliation 2017

Affiliation paperwork will be with you shortly don't forget to pay early to receive your discount.



Are you a Phab performer? Do you like to sing or dance?

Celebrate 60 years of Phab!

Come and be part of something special.

You can be in the Phab show at the Brit school on **Saturday 22nd July 2017 11am – 7pm**

You will have a chance to

- take part in dancing and/or singing
- rehearse at home or at your Phab club with online videos
- Rehearse on the day between 11 and 5
- Enjoy the Phab fun day workshops and entertainment
- Perform at 5.30 in front of Phab members and supporters

If you are interested, tell your Phab club leader before Easter 2017!

They will register you and discuss transport arrangements to the Brit School in Croydon, Surrey.

Fun workshops to include:

drumming, street dance, poets corner, and much more.

You can perform in the main production or stay and support your fellow Phabbers!

Contact Janine Williams on 01825 749826

Or email: janine.williams@phab.org.uk

for all the details.

Phab Gold Rose

Phab Gold Rose plants are now ready for delivery from the growers. Don't miss the opportunity to have your very own Phab Gold Rose in full bloom next summer or order several and fill a whole bed! Call Jan Clifford on 0208 667 9443 to order NOW!!



We only have a limited number so don't delay!